CIDESCO
THE WORLD
STANDARD
FOR BEAUTY
& SPA THERAPY

EST. 1946

SWISS QUALITY STANDARDS SINCE 1946



CIDESCO QUALIFICATIONS

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LEVEL 2 DIPLOMA IN BEAUTY THERAPY



OVERVIEW

CIDESCO's Diploma is a direct-entry level qualification for candidates wishing to start their career in beauty therapy and to progress onto the Level 3 Diploma in Advanced Beauty Therapy.

COURSE

- 380 hours of training in practical and theoretical work
- Follow Safe and Hygienic Salon Practices
- Client Care and Communication
- Facial Treatments
- Manicure
- Pedicure
- Wax Depilation
- Eyelash and Eyebrow Treatments
- Makeup

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 CERTIFICATE IN BEAUTY THERAPY TREATMENTS



OVERVIEW

CIDESCO's Certificate is a direct entry-level qualification for candidates wishing to embark on a career in beauty therapy focussing on facial treatments and makeup

COURSE

- 210 hours of training in practical and theoretical work
- Follow Safe and Hygenic Salon Practices
- Client Care and Communication
- Facial Treatments
- Eyelash and Eyebrow Treatments
- Makeup

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 CERTIFICATE IN WAX DEPILATION



OVERVIEW

CIDESCO's Certificate qualification for candidates wishing to specialise in wax depilation

COURSE

- 140 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Wax Depilation

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 AWARD IN MAKEUP



OVERVIEW

CIDESCO's Award qualification is for candidates wishing to specialise in makeup.

COURSE

- 120 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Makeup

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 AWARD IN EYELASH AND EYEBROW TREATMENTS



OVERVIEW

CIDESCO's Award qualification is for candidates wishing to specialise in eyelash and eyebrow treatments.

COURSE

- 100 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Eyelash and Eyebrow Treatments

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 CERTIFICATE IN NAIL SERVICES



OVERVIEW

CIDESCO’s Certificate qualification for those wishing to train in manicure and pedicure.

COURSE

- 170 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Manicure
- Pedicure

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 AWARD IN MANICURE



OVERVIEW

CIDESCO's Award qualification is for candidates wishing to train in manicure.

COURSE

- 120 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Manicure

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 2 AWARD IN PEDICURE



OVERVIEW

CIDESCO's Award qualification is for those wishing to train in Pedicure.

COURSE

- 120 hours of training in practical and theoretical work
- Safe and Hygenic Salon Practices
- Client Care and Communication
- Pedicure

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 DIPLOMA IN PROFESSIONAL BEAUTY THERAPY



OVERVIEW

CIDESCO's most comprehensive and worldwide recognised and acclaimed Diploma for the professional Beauty Therapist. Now revised and a fully unitised qualification.

COURSE

- 1200 hours of training in practical and theoretical work
- Natural Sciences
- Anatomy, Physiology and Pathology
- Skin Dermatology / Nutrition and Diet
- Cosmetic Product Knowledge
- An Overview of Cosmetic Surgery and Advanced Aesthetic Procedures
- Commercial, Business and Retail Effectiveness
- Health, Safety and Hygiene / First Aid
- Client Consultation and Skin Analysis
- Facial Skincare and Therapy Treatments
- Manicure / Pedicure / Wax Depilation
- Makeup / Eyelash and Eyebrow Treatments
- Facial Electrotherapy / Body Electrotherapy
- Body Analysis / Body Massage
- Thermal Body Treatments / Body Wrap Treatments

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 DIPLOMA IN BEAUTY THERAPY (800 HOURS)



OVERVIEW

CIDESCO's Diploma for direct Level 3 entry. For candidates wishing to specialise in beauty therapy, skincare and body treatments, without the inclusion of ancillary units such as manicure, waxing and makeup.

COURSE

- 800 hours of training in practical and theoretical work
- Natural Sciences
- Anatomy, Physiology and Pathology
- Skin Dermatology
- Cosmetic Product Knowledge
- Health, Safety and Hygiene
- First Aid
- Client Consultation and Skin Analysis
- Facial Skincare and Therapy Treatments
- Facial Electrotherapy
- Body Analysis
- Body Electrotherapy
- Microdermabrasion (optional unit)
- Body massage (optional unit)

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 DIPLOMA IN SKINCARE



OVERVIEW

CIDESCO’s Diploma enables direct entry onto this comprehensive Level 3 qualification specialising in skincare.

COURSE

- 780 hours of training in practical and theoretical work
- Natural Sciences
- Anatomy, Physiology and Pathology
- Skin Dermatology
- Cosmetic Product Knowledge
- Health, Safety and Hygiene
- An Overview of Cosmetic Surgery and Advanced Aesthetic Procedures
- Commercial, Business and Retail Effectiveness
- First Aid
- Client Consultation and Skin Analysis
- Facial Skincare and Therapy Treatments
- Facial Electrotherapy
- Wax Depilation
- Eyelash and Eyebrow Treatments
- Makeup

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 DIPLOMA IN ADVANCED BEAUTY THERAPY



OVERVIEW

CIDESCO's Diploma is a direct progression route for therapists who have completed a Level 2 qualification in Beauty Therapy.

COURSE

- 580 hours of training in practical and theoretical work
- Anatomy, Physiology and Pathology
- Health, Safety and Hygiene
- Client Consultation and Skin Analysis
- Facial Electrotherapy
- Body Electrotherapy
- Body Massage

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 DIPLOMA IN BODY MASSAGE



OVERVIEW

CIDESCO’s Diploma is designed either for therapists progressing from a Level 2 qualification in Beauty therapy, or for direct entry for candidates seeking a career in body analysis and massage

COURSE

- 380 hours of training in practical and theoretical work
- Anatomy, Physiology and Pathology
- Health, Safety and Hygiene
- Client Consultation and Skin Analysis
- Body Analysis
- Body Massage

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 CERTIFICATE IN BODY MASSAGE



OVERVIEW

CIDESCO’s Certificate is designed either for therapists progressing from a Level 2 qualification in Beauty therapy, or for direct entry for candidates commencing a career in body massage.

COURSE

- 240 hours of training in practical and theoretical work
- Anatomy, Physiology and Pathology
- Body Massage

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 DIPLOMA IN BODY THERAPY



OVERVIEW

CIDESCO’s Certificate designed for therapists progressing from a Level 2 qualification in Beauty Therapy.

COURSE

- 540 hours of training in practical and theoretical work
- Anatomy, Physiology and Pathology
- Health, Safety and Hygiene
- Body Analysis
- Body Massage
- Body Electrotherapy
- Thermal Body Treaments
- Body Wrap Treatments

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO LEVEL 3 CERTIFICATE IN ANATOMY, PHYSIOLOGY AND PATHOLOGY



OVERVIEW

CIDESCO's Certificate covers the essential underpinning knowledge relating to the structure, function and pathologies of the human body. This qualification sits alongside or supports a range of CIDESCO Level 3 qualifications.

COURSE

- 150 hours of training in theoretical work
- Anatomy, Physiology and Pathology

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 DIPLOMA IN ELECTROTHERAPY



OVERVIEW

CIDESCO's Diploma for therapists progressing from a Level 2 Beauty Therapy qualification. A qualification in Anatomy and Physiology at Level 3 or equivalent is also required.

COURSE

- 390 hours of training in practical and theoretical work
- Health, Safety and Hygiene
- Client Consultation and Skin Analysis
- Facial Electrotherapy
- Body Analysis
- Body Electrotherapy

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 CERTIFICATE IN FACIAL ELECTROTHERAPY



OVERVIEW

CIDESCO's Certificate for therapists progressing from a Level 2 Beauty Therapy qualifcation

COURSE

- 240 hours of training in practical and theoretical work
- Health, Safety and Hygiene
- Client Consultation and Skin Analysis
- Facial Electrotherapy

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 CERTIFICATE IN BODY ELECTROTHERAPY



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 2 beauty therapy qualification plus a Level 3 Certificate in Anatomy and Physiology.

COURSE

- 220 hours of training in practical and theoretical work
- Health, Safety and Hygiene
- Body Analysis
- Body Electrotherapy

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 CERTIFICATE IN ELECTRICAL EPILATION



OVERVIEW

CIDESCO's Certificate for therapists progressing from a Level 3 beauty therapy qualifcation.

COURSE

- 250 hours of training in practical and theoretical work
- Health, Safety and Hygiene
- Electrical Epilation

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 DIPLOMA IN ACCESS TO AESTHETIC PRACTICE



OVERVIEW

CIDESCO's Diploma for direct entry into employment as a skincare practitioner or to progress to higher-level study in aesthetic practice and skin rejuvention. The qualification includes Facial Electrotherapy.

COURSE

- 380 hours of training in practical and theoretical work
- Natural Sciences
- Skin Dermatology
- Health, Safety and Hygiene
- An Overview of Cosmetic Surgery and Advanced Aesthetic Procedures
- Client Consultation and Skin Analysis
- Facial Skincare for Aesthetic Practice
- Facial Electrotherapy

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 3 CERTIFICATE IN ACCESS TO AESTHETIC PRACTICE



OVERVIEW

CIDESCO's Certifcate for direct entry into employment as a skincare practitioner or for progression to higher-level study in aesthetic practice and skin rejuvention.

COURSE

- 380 hours of training in practical and theoretical work
- Natural Sciences
- Skin Dermatology
- Health, Safety and Hygiene
- An Overview of Cosmetic Surgery and Advanced Aesthetic Procedures
- Client Consultation and Skin Analysis
- Facial Skincare for Aesthetic Practice

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 DIPLOMA IN AESTHETIC PRACTICE



OVERVIEW

CIDESCO's Diploma for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare. This qualification includes selecting a minimum of 3 units from the choice of optional units

COURSE

- 370 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Microdermabrasion (optional)
- Microneedling (optional)
- Skin Peeling (optional)
- IPL and Laser Skin Rejuvenation (optional)
- IPL and Laser Hair Reduction (optional)
- Mesotherapy (optional)
- Advanced Epilation and Electrocautery (optional)

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN AESTHETIC PRACTICE



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 300 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Microneedling
- Skin Peeling

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN IPL AND LASER TREATMENTS FOR AESTHETIC PRACTICE



OVERVIEW

CIDESCO's Certificate for therapists progressing from a relevant level 3 qualification such as Beauty Therapy or Epilation and wish to specialise in IPL and Laser treatments

COURSE

- 310 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Laser Core of Knowledge
- IPL and Laser Skin Rejuvenation
- IPL and Laser Hair Reduction

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN IPL AND LASER SKIN REJUVENATION



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 220 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Laser Core of Knowledge
- IPL and Laser Skin Rejuvenation

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN IPL AND LASER SKIN REJUVENATION



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 220 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Laser Core of Knowledge
- IPL and Laser Hair Reduction

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 AWARD IN LASER CORE OF KNOWLEDGE



OVERVIEW

CIDESCO's Award is a mandatory requirement for all practitioners training in IPL and laser treatments.

COURSE

- 100 hours of training in theoretical work
- Laser Core of Knowledge

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN MICRONEEDLING



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 210 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Microneedling

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN MESOTHERAPY



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 210 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Mesotherapy

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN SKIN PEELING



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 210 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Skin Peeling

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN MICRODERMABRASION



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Access to Aesthetic Practice qualification or a Level 3 Diploma in Beauty Therapy or Skincare.

COURSE

- 130 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Microdermbrasion

CIDESCO recognises prior learning from previously achieved certified qualifications

LEVEL 4 CERTIFICATE IN ADVANCED EPILATION AND ELECTROCAUTERY



OVERVIEW

CIDESCO's Certificate for therapists who hold a Level 3 Certificate in Electrical Epilation and who wish to advance their skills in epilation, including the removal of moles, skin tags, and red veins.

COURSE

- 210 hours of training in practical and theoretical work
- Principles of Skin Morphology, Ageing and Repair
- Safe, Hygienic and Effective Working Practices in Aesthetics
- Consult, Plan and Prepare for Aesthetic Practice
- Advanced Epilation and Electrocautery

CIDESCO recognises prior learning from previously achieved certified qualifications

SPA THERAPY DIPLOMA



OVERVIEW

To provide candidates the required information to be able to efficiently and effectively work in spas worldwide. The course is designed to give candidates the most comprehensive spa therapy knowledge and training.

COURSE

- 600 hours
- Water supply and management paper
- Spa facilities can be outsourced

This program can be offered as an add-on to the CIDESCO Level 3 Beauty Therapy qualifications, for study in 180 hours.

CIDESCO recognises prior learning from previously achieved certified qualifications

AROMATHERAPY DIPLOMA



OVERVIEW

To equip therapists with a knowledge of professional aromatherapy in order to provide face and body treatments of a high standard, utilizing the effects of essential oils, with understanding and regard to client safety and comfort.

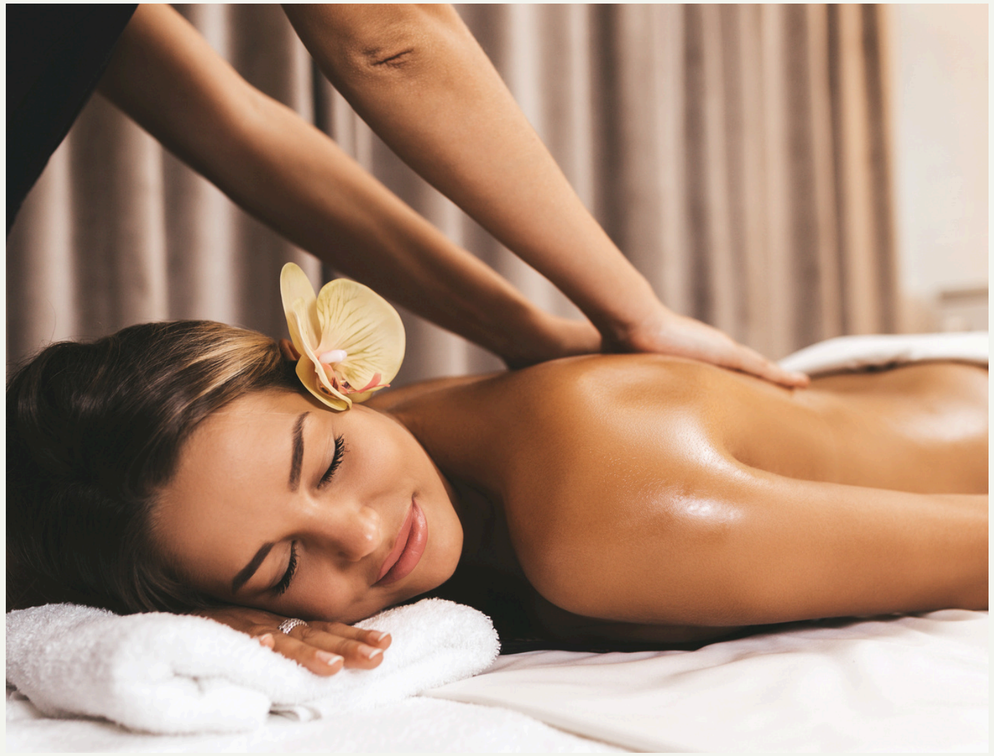
COURSE

- 340 GLH
- 380 TQT
- Skin and Body analysis
- Essential oil blending
- Aromatherapy Massage
- Client care & safety

This program can be offered as an add-on to the CIDESCO Beauty Therapy programme, for study in 140 hours.

CIDESCO recognises prior learning from previously achieved certified qualifications

HOLISTIC MASSAGE DIPLOMA



OVERVIEW

To provide learners with the knowledge, skills and understanding to carry out Holistic Massage Therapy treatments. The course provides learners with the opportunity to become skilled and competent in this specialism and progress into employment or further study.

COURSE

- 235 GLH
- 371 TQT
- Safety and Hygiene working practices
- Consult assessment, plan for Massage
- Professional Practice Skills
- Holistic Massage Therapy
- Anatomy and Physiology

CIDESCO recognises prior learning from previously achieved certified qualifications

ONCOLOGY WELLNESS DIPLOMA



OVERVIEW

This course provides the learners the knowledge, skills and a solid foundation in Oncology and Wellness from which to understand their evidence-based supportive role and therapeutic relationship throughout the client journey.
The diploma is being designed to unite the medical world of oncology with the world of wellness and beauty therapy.

COURSE

- 225 GLH
- 370 TQT
- Oncology Wellness foundation
- Anatomy and Physiology
- Oncology massage
- Skin Dermatology
- Aesthetic treatments, including manicure
- Cosmetic science, cosmetic reconstructive surgery

NATURAL NAIL SERVICES CERTIFICATE



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively provide natural nail services. The course is designed to give candidates the most comprehensive training in natural nail services.

COURSE

- 240 GLH
- 330 TQT
- Manicure and Pedicure
- UV gel polish services
- Nail art designs
- Implement and maintain safe, hygienic and effective working practices
- Consult, assess, plan and prepare for nail services
- Development of work relations

CIDESCO recognises prior learning from previously achieved certified qualifications

PROFESSIONAL NAIL SERVICES DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively provide professional nail services. The course is designed to give candidates the most comprehensive training in nails.

COURSE

- 600 GLH
- 784 TQT
- UV gel polish services
- Nail art designs
- Enhance and maintain nails using a liquid monomer and powder polymer system
- Enhance and maintain nails using a UV cured gel system
- Remove nail enhancements and restore the natural nail
- Implement and maintain safe, hygienic and effective workin practices
- Consult, assess, plan and prepare for nail services
- Development of work relations
- Advanced business support services
- Financial effectiveness

CIDESCO recognises prior learning from previously achieved certified qualifications

TEACHER TRAINING ASSESSMENT CERTIFICATE



OVERVIEW

To provide candidates with the required knowledge to teach and assess learners in an education and training environment.

COURSE

- 85 GLH
- 160 TQT
- Understanding roles, responsibilities and relationships in education and training
- Understanding and using inclusive teaching and learning approaches in education and training
- Facilitate learning and development in groups
- Understanding the principles and practices of assessment

BEAUTY AND SPA MANAGEMENT DIPLOMA



OVERVIEW

The course is designed to give candidates a more comprehensive understanding of how to manage all aspects within a beauty salon and/or spa environment.

COURSE

- 100% online
- 300 hours
- No pre-requisite experience or training
- Provides a comprehensive understanding of spa management, including, Operational Management, Beauty and Spa Trends, Stock Control, Leadership, Marketing and Customer relations, HR, Finance and Business Plan.
- Power point presentation of business plan

CIDESCO recognises prior learning from previously achieved certified qualifications

MEDIA MAKEUP DIPLOMA



OVERVIEW

This course will provide candidates with the required knowledge to enable them to be effectively employed as competent and confident makeup artists in the field of media makeup.

COURSE

- 310 hours
- Mood Board
- Nude
- Black and white
- Runway/Catwalk
- Magazine, film and fashion industry

CIDESCO recognises prior learning from previously achieved certified qualifications

MAKEUP IN ARTISTRY DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as professional theatre, media and fashion make-up artists in the world. The course is designed to give candidates the most comprehensive training in make-up artistry.

COURSE

- 380 hours
- Pre-requisite: CIDESCO Media Makeup
- Character makeup, prosthetics and lace hair
- Aging male, bold cap
- Special effects
- Bruises and wounds

CIDESCO recognises prior learning from previously achieved certified qualifications

CIDESCO COURSE ACCREDITATION



SCHOOL CPD ACCREDITATION

CIDESCO *mission* is to improve the standards of education delivered through accredited schools that have the highest standards of teaching. We understand that many therapists have a passion for the industry they are in and are continually looking at ways to improve their education through Continual Professional development ***CPD program***. CIDESCO now offers schools the opportunity to have their CPD programs accredited by **CIDESCO International**. CIDESCO will assess your CPD program through our Educational Advisory Board and certify your school program and issue a Certificate with the prestigious **CIDESCO logo.**



CORPORATE TRAINING ACCREDITATION

CIDESCO *mission* is to improve the standards of education delivered and we realise that many product houses offer in-house training for their staff. To help to improve the standard of therapist training, CIDESCO now offers product houses the opportunity to have their programmes accredited by **CIDESCO International**. CIDESCO will assess your in-house training programs through our Educational Advisory Board and certify your company program allowing your company to co-brand a Certificate with the prestigious **CIDESCO logo** and your company's logo.



ENQUIRE NOW

WE ARE HERE TO ANSWER YOUR QUESTIONS ON BECOMING A CIDESCO CENTRE

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FOLLOW OUR COMMUNITY